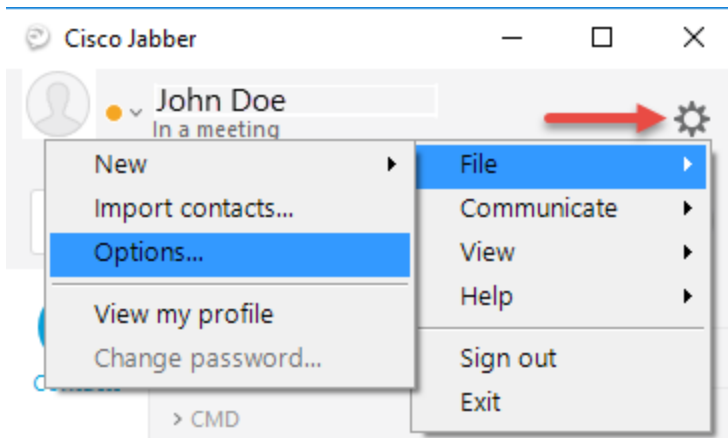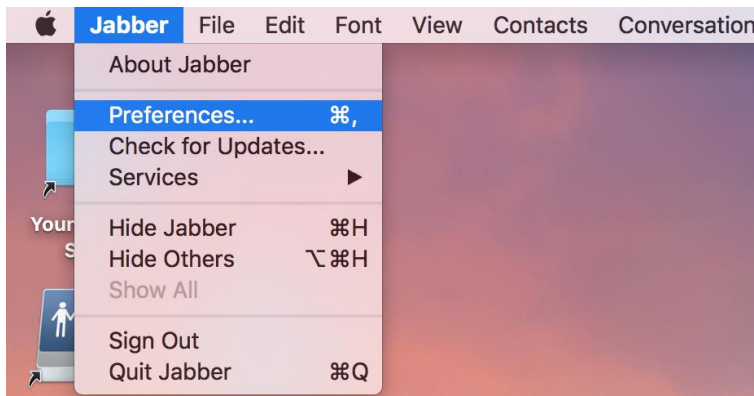# Cisco Jabber

How Do I Turn Off Video When Making a Call in Jabber?

Follow the steps below to turn off video in Jabber.
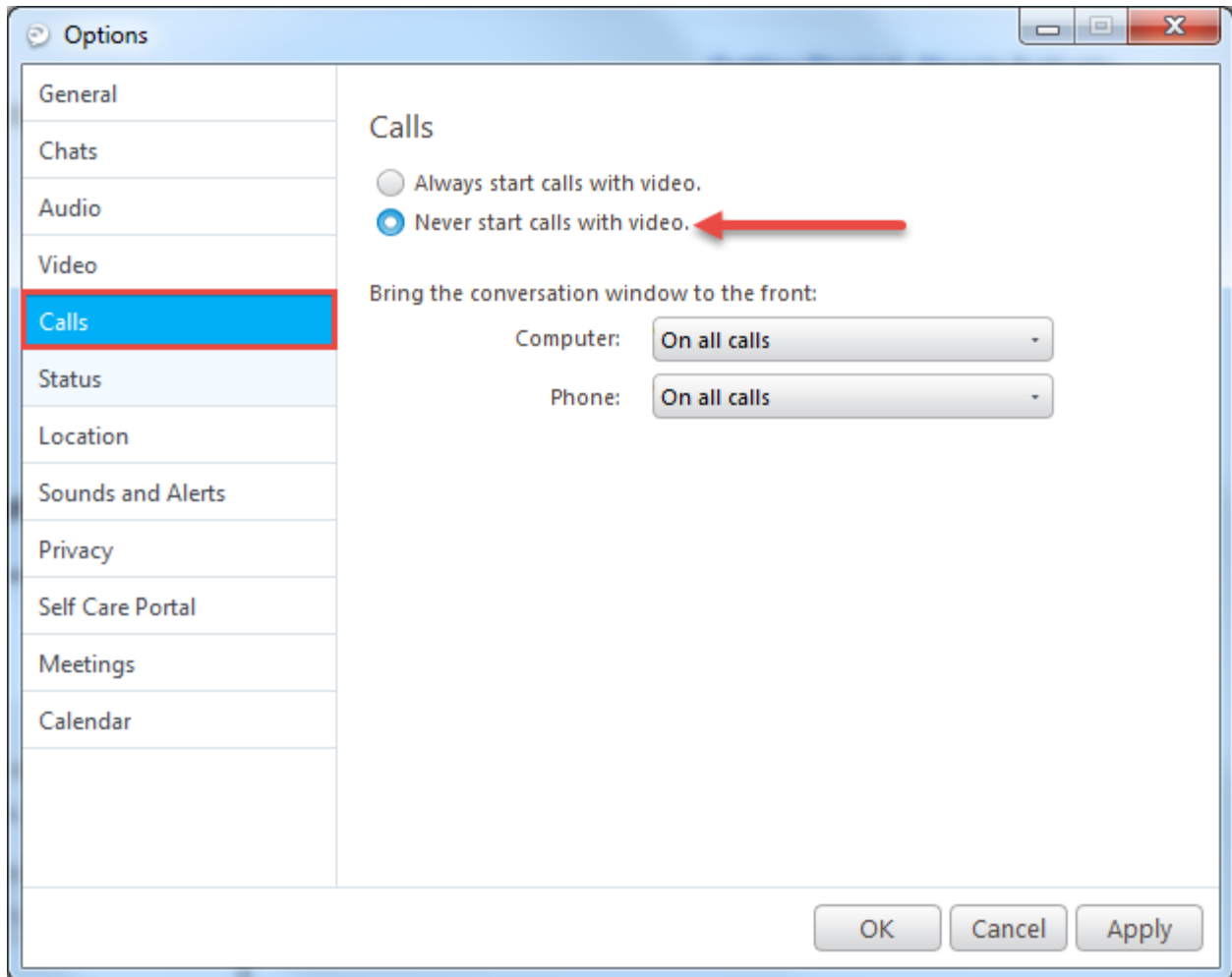
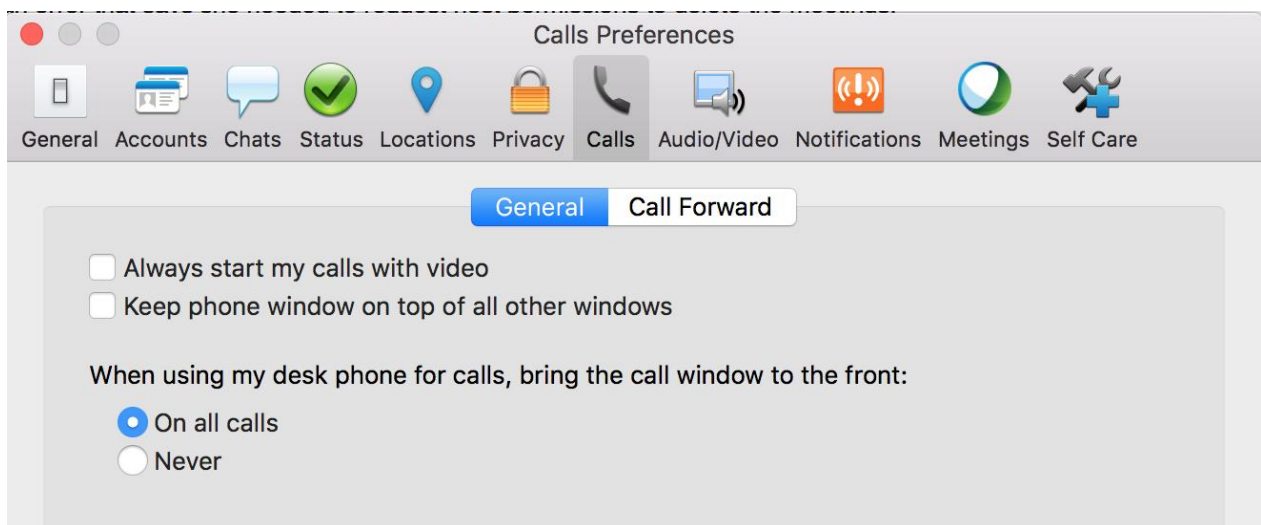1. In your Jabber window, Click on the **gear icon** and select **File > Options**.

For MAC: Go to the Jabber menu and select **Preferences...**

2. In the **Calls** section, select **Never start calls with video**.

For MAC: Uncheck 'Always start my calls with video'

3. Click **Apply** and **OK**